

Lowdham Colts - Codes of Conduct

Lowdham Colts believes in and supports the FA view of having codes of conduct to define the boundaries of acceptable behaviour of all participants in youth football. The club and managers have all reviewed and agree to act within these codes, and players & parents have signed up to these codes as part of the annual registration

Help us to make youth football more enjoyable. If you have any comments or suggestions please contact the club officials whose details can be found on the club website www.lowdhamcolts.co.uk or contact the Chairman at rcsbejb@aol.com

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Code of Conduct for Lowdham Colts Football Club

1. Community Football, at all levels, is a vital part of a community. Football will take into account community feeling when making decisions.
2. Equality - Football is opposed to discrimination of any form and will promote measures to prevent it, in whatever form, from being expressed.
3. Participants - Football recognises the sense of ownership felt by those who participate at all levels of the game. This includes those who play, those who coach or help in any way, and those who officiate, as well as administrators and supporters. Football is committed to appropriate consultation.
4. Young People - Football acknowledges the extent of its influence over young people and pledges to set a positive example.
5. Propriety- Football acknowledges that public confidence demands the highest standards of financial and administrative behaviour within the game, and will not tolerate corruption or improper practices.
6. Trust and Respect - Football will uphold a relationship of trust and respect between all involved in the game, whether they are individuals, clubs or other organisations.
7. Violence - Football rejects the use of violence of any nature by anyone involved in the game.
8. Fairness - Football is committed to fairness in its dealings with all involved in the game.
9. Integrity and Fair Play - Football is committed to the principle of playing to win consistent with Fair Play

Lowdham Colts F.C. - Coaches/Manager's Code of Conduct

The Club supports the FA Respect Code of Conduct and published FA Guidance on a wide number of areas whilst adopting its own wider Codes of Conduct. As a team Manager or Coach, you by your actions and conduct, set the example for your players, parents/guardians and spectators, In order to set a good example of all times. Coaches / managers must:

1. respect the rights' dignity and worth of each and every person and treat each equally within the context of the sport
2. place the well being and safety of each player above all other considerations including the development of performance.
3. read the players, spectators, parent's/guardians code. Understand what is being asked of all participants in your sport. Actively promote these codes.
4. always promote the appropriate Code of Conduct and positive aspects of the sport (e.g. fair play) to players, parents and spectators alike. Never condone violations of the Laws of the Game, behaviour contrary to the spirit of the Laws of the Game or relevant rule and regulations or the use of the prohibited substances or techniques
5. adhere to all guidelines laid down within the Constitution and the Rules of The Football Association . Read, understand and be aware of your responsibilities as laid down in your League Handbook. Read the Laws of the Game and assist your players in understanding them.
6. consistently display high standards of behaviour and experience and be a role model for players, parents and spectators
7. develop an appropriate working relationship with each player based on mutual trust and respect
8. not exert undue influence to obtain personal benefit or reward
9. encourage and guide players to accept responsibility for their own behaviour and performance. Never condone unacceptable behaviour by not acting.
10. ensure that the activities they direct or advocate is appropriate for the age, maturity, experience and ability of players
11. neither either physically or mentally push children beyond their abilities. The game is of minor consideration when compared to the child's future health and well being.
12. at the outset, clarify with the player (and, where appropriate, their parents) exactly what is expected of them and also what they are entitled to expect from their coach
13. get treatment for an injured player immediately and co-operate fully with other specialists (e.g. other coaches, officials, sports scientists, doctors, physiotherapists) in the best interests of the player
14. ensure that each player is correctly dressed with the necessary safety equipment, shin pads, water bottles etc., before being allowed to play.
15. always be prompt, courteous and correct when dealing with the League Officials, opposition Managers, Referees and Assistant Referees. Confirm venues, times and dates etc., as early as possible and at reasonable times during the day.
16. communicate clearly and regularly with the players. Give honest feedback.

Failure to abide by codes of conduct may result in suspension or ultimately expulsion from the club. Appeals may be made to the Club Committee whose decision is final. I understand that breaches of the code may result in action being taken by my County FA and /or The FA.

Lowdham Colts F.C. - Coaches/Manager's Handbook

This handbook is developed for coaches / managers of Lowdham Colts. It is a separate document to the Codes of Conduct and contains more specific items.

1. **Code of Conduct for Coaches / Managers** - Read and understand the. If there is anything you do not understand or is not clear then please raise with (a) your buddy, (b) club Chairman / Secretary. If there are any Child related issues then raise this with the Child Welfare Officer.
2. **Constitution.** Lowdham Colts has its own Constitution, please ensure you have a copy and have read it. The club elects its official sat the Annual general Meeting in May / June
3. **Manager's Monthly Meetings.** There are monthly manager's meetings at which attendance is required
4. **Accounts .**
 - a. Each team is responsible for its own accounts
 - b. each team completes a monthly return of all ins / outs and sends to the Treasurer.
 - c. Monies are to be paid into the Club bank account or to the Treasurer on a monthly basis.
 - d. The team float should be kept at £50
 - e. Signing-on fees must be collected before players are allowed to play for the team.
5. **Training Preparation.** Check that you have the necessary equipment (cones, balls, whistle), documentation (FA Rules, Emergency phone numbers) and first aid equipment before you leave for each match or training.
6. **Coaches Qualifications**
 - a. agree within a 12 month period, to take part in an educational course organised by the respective League, County Football Association or the Football Association.
 - b. Maintain current Emergency Aid and Child Protection qualifications, usually renewable every three years
7. **CRB checks** agree to a self-certified check with regard to your suitability to work with children. If you have any helpers then ensure you pass ion their names to the Club Child Welfare Officer so then can complete the appropriate forms and undergo a CRB check
8. **Publicity & Communication** Publish fixtures and results in the newsletters and web sites.

Lowdham Colts F.C. - Player's Code of Conduct

1. Play for the **'fun of it'**, not just to please your parents or coach.
2. Play by the **Laws of the Game**. Promote fair play and behave within the spirit of the Laws of the Game
3. Always respect the match officials' decisions. Never argue with the match officials' decisions or engage in public criticism of the match officials
4. **Control your temper** and use your energies for playing better football. Never engage in offensive, insulting or abusive language or behaviour
5. Play well for yourself and your team, your team's performance will benefit and so will your own.
6. **Be a good sport**. Recognise all good play, whether by your team or by your opponent's team, shake hands at the end of the match
7. Treat all players as you yourself would like to be treated. Do not interfere with, bully or take unfair advantage of any player. Avoid bullying, intimidation and poor behaviour
8. Remember that the aims of the game are **to have fun, improve your skills and feel good**.
9. Co-operate with your coach/manager, team mates and opponents, **for without them you will not have a game**. Listen to the manager's team talks, do not try to talk above the manager.
10. Speak to my team-mates, the opposition and my coach/manager with respect. Ask my team captain to talk to the referee if I have a problem relating to the game
11. Remember we all make mistakes
12. Shake hands with the opposing team and the match officials at the end of every game
13. **Learn the Laws of the Game** and you will be a much better player.
14. **Attend and fully participate in all training sessions and club events** to improve your game and enjoyment. Training sessions will be organised by the coach and may not include a game.
15. **Arrive** punctually for all training (10 minutes before the start), matches (30 minutes before kick-off) and events
16. **Bring subs to events and give to coach / manager at start of the session** to save time on administration so there is more time to play the game
17. **Call managers at pre-arranged times** to confirm match / training details.
18. **Respect** the club equipment and collecting equipment at the end of the match / training.
19. **Do not** chew gum during club activities as this is a potential health hazard when training / playing.
20. **Substitutes**. If you are a sub, support your team by watching the match so you know about the opposition and are ready to go on.
21. **Bring** all equipment - black socks, shin pads, clean boots and drinks bottles to matches and training sessions.
22. Follow the FA's Respect Codes of Conduct (<http://www.thefa.com/Leagues/Respect/CodesofConduct.aspx>)
23. Follow published FA Guidance (www.thefa.com)
24. Promote the Code of Conduct.

I understand that breaches of the code may result in action being taken by my manager, club committee, County FA and /or The FA. and may result in suspension or ultimately expulsion from the club. Appeals may be made to the Club Committee whose decision is final.

Lowdham Colts F.C. - Parent's/Guardian's/Carer's/Spectator's Code of Conduct

1. Follow the FA's Respect Codes of Conduct (<http://www.thefa.com/Leagues/Respect/CodesofConduct.aspx>)
2. Follow published FA Guidance (www.thefa.com)
3. Remember that children play for FUN. Do not force an unwilling child to participate in football. Remember children are involved in football for their enjoyment not yours.
4. Encourage your child to play to the Laws of the Game and not to argue with Referees and other Officials.
5. Teach your child that honest effort is more important than victory so that the result of each game is accepted without undue disappointment. Never criticise a player for making a mistake -mistakes are part of learning
6. Turn losing into winning by helping your child work towards skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing a game. Applaud effort and good play as well as success
7. Remember that children learn best by example. Applaud good play by your team and by members of the opposition.
8. Remain outside the field of play and behind the Designated Spectator Area (where provided)
9. Do not question the Referee's judgement or honesty, always respect the match officials' decisions. Remember he/she is only human with the same feelings as you and, like you, sometimes may make an honest error.
10. Encourage the players to respect the opposition and match officials
11. Never engage in, or tolerate, offensive, insulting or abusive language or behaviour
12. Support all efforts to remove verbal and physical abuse from children's football.
13. Recognise the value and importance of coaches who are all volunteers. They give children their time and resources to provide football for your child.
14. Let the coaches do their job and not confuse the players by telling them what to do Allow the coach to coach the team and do not coach your child during the match unless asked to do so by the coach.
15. Read the Laws of the Game to understand better what you are looking at and commenting on.
16. Ensure your child attends events on time (normally 30 minutes before kick-off, 10 minutes before training, unless otherwise specified by the coach) and is picked up on time
17. Support club organised events wherever possible
18. Let the manager know in plenty of time (ideally a fortnight's notice) if your player is unable to make any matches or training sessions
19. Communications. Remove the onus on the manager by ensuring you make positive contact re matches and training on the set night of each week. Reply to any emails, inform manager of change in email address, use the Club website for match directions, kick-off times, league tables.
20. Depending on the team arrangements either (a) participate in a rota to help with washing the kit after each match or (b) where individual kits are given to players then wash kit immediately after use, and return it promptly to managers if requested
21. Ensure players attend with proper kit. Players must provide boots, shin pads and own socks or they will not play. Players should bring own drinks bottles.
22. Ensure players pay membership and subs on time. Pay membership fees before the start of the season. Pay subs to coach / manager at the start of the session, or in advance to save time on admin and allow more time for playing.
23. If called upon support the coach/ manager by helping out with aspects of the session eg collecting subs, tidying up kit, ensuring all kit is returned, take

down / put up nets, close up changing rooms, providing moral support and just being there.

24. Support the club by learning additional skills eg coaching, first aid, refereeing. The Club will offer financial support, in part or in full in return for a commitment to use the skill for the club's benefit.
25. Ensure friends who attend matches abide by the supporters codes of conduct
26. Promote this Code of Conduct.

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Lowdham Colts F.C. Spectator's Code of Conduct

1. Remember that children play organised sports **for their own enjoyment**. They are not there to entertain you.
2. **Be on your best behaviour**. Do not use profane language or harass, physically or verbally, players, managers, coaches, referees or assistant referees.
3. **Applaud all good play** by your own team and the other team.
4. Show respect for your team's opponents. **Without them, there would be no game**.
5. **Never** ridicule or scold a child for making a mistake during a game.
6. **Condemn** the use of violence and verbal abuse.
7. **Respect to the Referee and Assistant Referees' decisions**. Remember he is only human with the same feelings as you and, like you, sometimes makes an honest error.
8. **Encourage players** always to play according to the **Laws of the Game**.
9. **Read the Laws of the Game** to better understand what you are looking at, and commenting on.

I understand that breaches of the code may result in action being taken by my manager, club committee, County FA and /or The FA

Lowdham Colts – Match Official's Code of Conduct :

When officiating I will:

1. Be honest and completely impartial at all times, irrespective of the teams, players or team officials involved in the match
2. Apply the Laws of the Game and competition rules fairly and consistently
3. Manage the game in a positive, calm and confident manner
4. Deal with all instances of violence, aggression, unsporting behaviour, foul play and other misconduct
5. Not tolerate offensive, insulting or abusive language or behaviour from players, officials and spectators
6. Support my match official colleagues at all times
7. Set a positive personal example by promoting good behaviour and showing respect to everyone involved in the game
8. Communicate with the players and encourage fair play
9. Respond in a clear, calm and confident manner to any appropriate request for clarification by the team captains
10. Prepare physically and mentally for every match
11. Complete and submit, accurate and concise reports within the time limit required for games which I officiate

I understand that breaches of the code may result in action being taken by my club, league County FA and /or The FA.